Bling the Band

A cranial helmet can be a big part of a baby's daily life, so some families choose to decorate it.

Always check with your orthotist **before decorating**. The helmet may have specific areas that need to remain visible for skin monitoring, incision monitoring, ventilation, or fit.

Ideas include:

- removable decals
- favorite animals
- flowers
- dinosaurs
- sports themes
- initials or names
- seasonal designs
- colorful patterns

Before decorating:

Ask your orthotist what materials are safe for your baby's specific helmet.

Do not:

- cover ventilation holes
- cover the surgical incision or areas that need monitoring
- add thick materials that change the fit
- create new pressure points
- interfere with trimlines
- permanently alter the helmet without approval

The decoration should never interfere with the medical purpose of the orthosis.

The goal is a helmet that is safe, functional, comfortable and maybe a little fun. Your baby's helmet is a medical device—but that doesn't mean it can't have some personality!

Methods include:

- Stickers
- Vinyl designs
- Paintings